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advanced imaging • radiation oncology
diagnostic radiology • women's imaging

Breast Biopsy Preparation

Three days prior to the procedure, do not take medications which promote bleeding such as Aspirin, Motrin, Aleve, Ibuprofen or Anticoagulants.

If you are on blood thinners, please consult with your doctor prior to discontinuing your medication.

Please bring a tight fitting bra on the day of your procedure, such as a sports bra. After the biopsy, you will be given an ice pack and instruction to refrain from exercising for 24 hours. We also asked that you refrain from swimming or taking baths until the biopsy site has healed. You will be able to shower the day after the procedure.