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advanced imaging • radiation oncology
diagnostic radiology • women's imaging

Barium Enema Preparation

Preparation for this procedure starts two nights before the exam. You can purchase Dulcolax tablets over the counter at your local pharmacy.

First Night: One hour after Dinner, take 3 Dulcolax tablets. Afterwards, begin a clear liquid diet and continue clear liquids until the next day.

Clear Liquids permitted: Water, Black Coffee, Tea (no Milk or Cream), Sports Drinks, Apple Juice, Clear Broth, Sugar, Sorbet

Second Night: at 7PM, take 3 Dulcolax tablets; continue with clear liquids leading up to your exam.